



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com/ca or by calling 1-855-333-5730.

Important Questions	Answers	Why this Matters:
<p>What is the overall <u>deductible</u>?</p>	<p>\$5,000 person/\$10,000 family for In-Network Providers. \$10,000 person/\$20,000 family for Out-of-Network Providers. Does not apply to preventive care, first 3 office visits, urgent care, and other services as referenced in the member contract for In-Network services. Does not apply to emergency room services, emergency medical transportation, eye exam and glasses for children, and other services as referenced in the member contract for In and Out-of-Network services.</p>	<p>You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u>.</p>
<p>Are there other <u>deductibles</u> for specific services?</p>	<p>No.</p>	<p>You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.</p>
<p>Is there an <u>out-of-pocket limit</u> on my expenses?</p>	<p>Yes. For in-network providers \$6,350 person / \$12,700 family. For out-of-network providers \$15,000 person / \$30,000 family</p>	<p>The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.</p>
<p>What is not included in</p>	<p>Premiums, balance-billed</p>	<p>Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>.</p>

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If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.anthem.com/ca or call 1-855-333-5730 to request a copy.

<p>the <u>out-of-pocket limit</u>?</p>	<p>charges, penalties for not obtaining pre-certification for services and health care this plan doesn't cover.</p>	
<p>Is there an overall annual limit on what the plan pays?</p>	<p>No.</p>	<p>The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.</p>
<p>Does this plan use a <u>network of providers</u>?</p>	<p>Yes. See www.anthem.com/ca or call 1-885-333-5730 for a list of in-network providers.</p>	<p>If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred, or participating for providers in their network. See the chart starting on page 2 for how this plan pays different kinds of providers.</p>
<p>Do I need a referral to see a <u>specialist</u>?</p>	<p>No. You don't need a referral to see a specialist.</p>	<p>You can see the specialist you choose without permission from this plan.</p>
<p>Are there services this plan doesn't cover?</p>	<p>Yes.</p>	<p>Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about excluded services.</p>



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **in-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
<p>If you visit a health care <u>provider's</u> office or clinic</p>	<p>Primary care visit to treat an injury or illness</p>	<p>\$60 copay/visit; deductible waived for first 3 visits. Deductible applies before copay for visits 4 and beyond.</p>	<p>50% coinsurance</p>	<p>The 3 visit limit is combined for office visits and urgent care. Deductible applies after 3 office visits for In-network services. Deductible applies before coinsurance for Out-of-Network services.</p>
	<p>Specialist visit</p>	<p>\$70 copay/visit</p>	<p>50% coinsurance</p>	<p>Deductible applies for all visits for In and Out-of-Network services.</p>
	<p>Other practitioner office visit</p>	<p>\$60 copay/visit; deductible waived for first 3 visits. Deductible applies before copay for visits 4 and beyond.</p>	<p>50% coinsurance</p>	<p>The 3 visit limit is combined for office visits and urgent care. Deductible applies after 3 office visits for In-network services. Deductible applies before coinsurance for Out-of-Network services.</p>
	<p>Preventive care/screening/immunization</p>	<p>No charge</p>	<p>50% coinsurance</p>	<p>Deductible applies before coinsurance.</p>
<p>If you have a test</p>	<p>Diagnostic test (x-ray, blood work)</p>	<p>Lab - 30% coinsurance X-ray – 30% coinsurance</p>	<p>Lab - 50% coinsurance X-ray – 50% coinsurance</p>	<p>Deductible applies before coinsurance.</p>
	<p>Imaging (CT/PET scans, MRIs)</p>	<p>30% coinsurance</p>	<p>50% coinsurance</p>	<p>Deductible applies before coinsurance.</p>

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
<p>If you need drugs to treat your illness or condition</p> <p>More information about <u>prescription drug coverage</u> is available at www.anthem.com/pharmacyinformation.</p>	Tier 1 – Generic drugs	\$19 copay/prescription (retail) and \$38 copay/prescription (mail order)	50% coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Copays applicable after deductible has been met for In-Network services. Out-of-Network deductible applies before coinsurance for Out-of-Network services.
	Tier 2 – Preferred brand drugs	\$50 copay/prescription (retail) and \$125 copay/prescription (mail order)	50% coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Copays applicable after deductible has been met for In-Network services. Out-of-Network deductible applies before coinsurance for Out-of-Network services.
	Tier 3 – Non-Preferred brand drugs	\$75 copay/prescription (retail) and \$187.50 copay/prescription (mail order)	50% coinsurance	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Copays applicable after deductible has been met for In-Network services. Out-of-Network deductible applies before coinsurance for Out-of-Network services.
	Tier 4 – Specialty drugs		30% coinsurance	50% coinsurance
<p>If you have outpatient surgery</p>	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
	Physician/surgeon fees	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
<p>If you need immediate medical</p>	Emergency room services	\$300 copay/visit	\$300 copay/visit	Copay waived if admitted
	Emergency medical transportation	\$300 copay/trip	\$300 copay/trip	—————none—————

Anthem Blue Cross: Anthem Core Direct Access - cacf
Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 – 12/31/2014
Coverage for: Individual / Family | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
attention	Urgent care	\$120 copay/visit; deductible waived for first 3 visits.	\$120 copay/visit for medical emergency; deductible waived for first 3 visits.	The 3 visit limit is combined for office visits and urgent care. Deductible applies after third visit.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	\$1000 copay per admission plus 50% coinsurance	Deductible applies before coinsurance. Copay applies for Out-of-Network Non-Emergencies..
	Physician/surgeon fee	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$60 copay/visit; deductible waived for first 3 visits.	50% coinsurance	The 3 visit limit is combined for office visits and urgent care. Deductible applies after 3 office visits for In-network services. Deductible applies before coinsurance for Out-of-Network services.
	Mental/Behavioral health inpatient services	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
	Substance use disorder outpatient services	\$60 copay/visit; deductible waived for first 3 visits.	50% coinsurance	The 3 visit limit is combined for office visits and urgent care. Deductible applies after 3 office visits for In-network services. Deductible applies before coinsurance for Out-of-Network services.
	Substance use disorder inpatient services	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
If you are pregnant	Prenatal and postnatal care	No copay for prenatal; \$60 copay for postnatal care	50% coinsurance	Deductible applies before coinsurance.
	Delivery and all inpatient services	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	30% coinsurance	50% coinsurance	100 visits per year for Out of Network. Deductible applies before coinsurance.
	Rehabilitation services	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
	Habilitation services	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
	Skilled nursing care	30% coinsurance	50% coinsurance	100 day visit per year for Out of Network. Deductible applies before coinsurance.
	Durable medical equipment	30% coinsurance	50% coinsurance	Deductible applies before coinsurance.
	Hospice service	No charge	50% coinsurance	Deductible applies before coinsurance.
If your child needs dental or eye care	Eye exam	No charge	All charges above maximum allowed amount.	Limited to one exam per year.
	Glasses	No charge	All charges except specified reimbursement.	Limited to one pair of glasses per year. No charge for frames and lenses. Non-participating reimbursement may vary by service. You should refer to your formal contract of coverage for details.
	Dental check-up	Not covered	Not covered	_____none_____

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u>.)		
<ul style="list-style-type: none">• Chiropractic care• Cosmetic surgery• Dental care (Adult)• Hearing aids	<ul style="list-style-type: none">• Infertility treatment• Long-term care• Non-emergency care when traveling outside the U.S.	<ul style="list-style-type: none">• Private-duty nursing (except as covered under home health benefit)• Routine eye care (Adult)• Routine foot care• Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)
<ul style="list-style-type: none">• Acupuncture• Allergy Testing• Bariatric surgery

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your premium. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-855-333-5730. You may also contact your state insurance department at 1-888-466-2219 or www.dmbc.ca.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Department of Managed Health Care
California Help Center
980 9th Street, Suite 500
Sacramento, CA 95814-2725
1-888-HMO-2219

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助，請聯絡您的銷售代表或小組管理員。如果您已參保，則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwol íinízinigo t'áá diné k'éjígó, t'áá shoodí ba na'alníhí ya sidáhí bich'í naabídíilkiid. Eí doo biigha daago ni ba'nija'go ho'aalágí bich'í hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígí ní béesh bee hane'í wólta' bí'ki si'niilígí bí'kéhgo bich'í hodiilní.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- **Amount owed to providers: \$7,540**
- **Plan pays \$2,270**
- **Patient pays \$5,270**

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$5000
Copays	\$20
Coinsurance	\$50
Limits or exclusions	\$200
Total	\$5,270

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers: \$5,400**
- **Plan pays \$200**
- **Patient pays \$5,200**

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$5,000
Copays	\$80
Coinsurance	\$40
Limits or exclusions	\$80
Total	\$5,200

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact: 1-855-333-5730.

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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